

## Resource Manual

Your Path, Your Freedom, Your Future

www.theptfproject.org

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The Path To Freedom Project
"Your Path, Your Freedom, Your Future."

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## 1. Introduction

The Path to Freedom Resource Manual was created to provide survivors of human trafficking with comprehensive access to life-changing resources. This guide includes immediate crisis support, housing assistance, legal aid, medical care, employment training, and survivor support programs.

**Emergency Hotlines & Immediate Assistance** 

If you or someone you know is in danger, reach out to these 24/7 confidential hotlines for immediate assistance:

National Human Trafficking Hotline 1-888-373-7888 | Text: 233733
 | www.humantraffickinghotline.org

National Domestic Violence Hotline –
 1-800-799-7233 | www.thehotline.org

 Polaris Project (Anti-Trafficking Support) – www.polarisproject.org

• Crisis Text Line – Text HELLO to 741741 for crisis support



**Safe Housing & Shelters** 

Access to safe, stable housing is critical for survivors. The following organizations provide emergency shelter, transitional housing, and long-term housing support:

- The Salvation Army Anti-Trafficking Services Emergency shelter & rehabilitation programs (www.salvationarmyusa.org)
- CAST (Coalition to Abolish Slavery & Trafficking) Shelter & long-term recovery support (www.castla.org)
- Covenant House –
   Safe housing & support for youth survivors (www.covenanthouse.org)





**Legal Aid & Advocacy** 

Survivors may need legal assistance to address criminal record expungement, immigration status, or restraining orders. These organizations offer free legal support:

 Trafficking Law Center (TLC) –
 Free legal representation for survivors (www.traffickinglawcenter.org)

 American Bar Association Human Trafficking Task Force – Legal advocacy & victim rights (www.americanbar.org)

 National Immigrant Justice Center –
 Immigration assistance for trafficking victims (www.immigrantjustice.org)





# Medical & Mental Health Support

Comprehensive physical and mental health care is essential for healing. These organizations provide free or low-cost healthcare and counseling services:

- RAINN (Rape, Abuse & Incest National Network) –
   Trauma support & crisis counseling (www.rainn.org)
- Health Care for the Homeless –
   Free medical services for survivors (www.nhchc.org)
- SAMHSA (Substance Abuse and Mental Health Services Administration) –

Free therapy & addiction treatment (www.samhsa.gov)





**Employment & Vocational Training** 

Finding stable employment is crucial for independence. These programs offer job training and career placement:

- Thistle Farms –
   Employment & business training for survivors (www.thistlefarms.org)
- Dress for Success –
   Professional training & job placement
   (www.dressforsuccess.org)
- Coalition to Abolish Slavery & Trafficking (CAST) Job readiness programs (www.castla.org)





Financial Assistance & Support Services

Survivors may qualify for financial aid, housing vouchers, and public benefits.

 National Survivor Network (NSN) – Emergency financial support (www.nationalsurvivornetwork.org)

 Temporary Assistance for Needy Families (TANF) – Monthly financial support (www.acf.hhs.gov/ofa/programs/tanf)





**Survivor Support Groups & Counseling** 

Healing is a lifelong journey, and survivor-led organizations offer peer support, mentorship, and counseling:

- GEMS (Girls Educational & Mentoring Services) Survivor-led empowerment programs (www.gems-girls.org)
- Rebecca Bender Initiative –
   Survivor mentorship & leadership training (www.rebeccabender.org)
- Survivor Alliance Community support & advocacy (www.survivoralliance.org)





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State & Local Resources

(Arizona-Specific)

For survivors in Arizona, these organizations offer local housing, legal aid, and support services:

 Arizona Coalition to End Sexual & Domestic Violence – Legal & crisis support (www.acesdv.org)

- Phoenix Dream Center –
   Safe housing & recovery programs (www.phxdreamcenter.org)
- Catholic Charities of Arizona Trafficking victim services (www.catholiccharitiesaz.org)





**Know Your Rights & Legal Protections** 

Survivors have rights under U.S. federal law, including:

- Trafficking Victims Protection Act (TVPA) Legal protections for victims
- T Visa & U Visa Immigration relief for trafficking survivors
- Fair Housing Act –
   Housing rights for victims of violence





# How to Get Involved & Support the Cause

The fight against human trafficking requires community action. Here's how you can help:

- Volunteer with anti-trafficking organizations
  - Donate to survivor-led programs
  - Advocate for stronger trafficking laws

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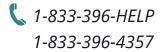




### Thank You!



### **Our Contact:**





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